

Soccer for St. Catherine's Montessori Primary and Lower Elementary students, commonly known as "Saturday Soccer," is a parent-led soccer program for our younger students, organized by the PSO's Friends of Athletics. It is a non-competitive soccer league; there are no goalies and the score is not kept. The emphasis is on sportsmanship, learning beginner soccer skills, teamwork, and fun.

The practices and games are held Saturday mornings from 9:30 to 11:00 a.m. Parent volunteers serve as coaches, and all parents are welcome to participate, regardless of soccer experience.

Read below for guidelines and rules of the game. **Parents must return a signed Participation Release Form to the Front Desk by Friday, January 5, 2024. The fee is \$20 per player, and payments will be processed through FACTS.**

LEAGUE FEE: \$20/player

LOCATION: St. Catherine's Montessori Athletic Field

WINTER 2024 DATES (weather permitting)

January 6, 13, 20, 27

February 3

TIME

Saturday mornings, 9:30-11:00 a.m. Each session will include a 30-45 minute practice and a 30-40 minute game. A responsible adult for each player **MUST** be on-site at all times.

PRACTICE AND GAME FORMAT

All players will do practice drills together. After the practice session is complete, the players will be broken into different teams and begin the game. The teams will be made up with a balanced skill set. Each week the teams can be made up of different players.

Primary: Micro soccer format. 3 on 3. No goalie. Small field (25 yds. x 35 yds.) No score is kept.

Lower Elementary: Micro soccer format. 4 on 4. No goalie. Field size is 30 yds. x 40 yds. No score is kept.

Players who have lost interest or are too tired to play will be asked to sit on the sideline and support their team. We ask that parents try to encourage the children to watch and support their teammates and get back into the practice/game when rested. **A responsible adult for each player MUST be on-site at all times.**

EQUIPMENT NEEDED FOR EACH PLAYER

Ball: Each player must bring a soccer ball with their NAME on it. Size 3 ball for Primary; size 4 for Lower Elementary.

Shin Guards: Each player must wear shin guards at all practices and games.

Soccer Cleats: Recommended but *not required*. **No metal cleats allowed.**

VOLUNTEERS NEEDED

Volunteers are needed to assist in practice and games. Soccer experience is not a requirement.

QUESTIONS ABOUT SATURDAY SOCCER

Contact Sam Hemming at shemming@stcathmont.org.



**Saturday Soccer for Primary and Lower Elementary
Participation Release Form**
Winter 2024

All parents with children wishing to participate in the Saturday Soccer program for Primary and Lower Elementary students must read, complete, and return this form to the Front Desk by **Friday, January 5, 2024**. Fee payments will be processed through FACTS. Thank you for your participation.

I/We give permission for the child(ren) listed below to participate in Saturday Soccer on the grounds of St. Catherine's Montessori.

I/We hereby release and hold harmless, the school, its employees, and other agents from any and all liability for any and all harm.

Parents or Guardians (Please print names below)

Date _____

List name(s) of child(ren)

Please sign below:
